



## Choose **TRUECARE™**, the NEW choice for MississippiCAN

**Choose TrueCare for your MississippiCAN plan  
to get extra benefits at no cost to you.**

TrueCare is a new nonprofit, provider-led health plan for Mississippians by Mississippians. We want to help Mississippians live their healthiest lives. We combine the experience of a national health plan with the local knowledge and compassionate care of Mississippi health providers.

### Why TrueCare?

Many MississippiCAN plans offer similar benefits. But TrueCare offers MORE!

- Rewards for wellness (see reverse)
- Large provider network, including hospitals and health systems across Mississippi
- No copays, saving you money when you need care
- Extra rides for groceries, job interviews, medical appointments and more
- Unlimited doctor visits\*
- Extra dental and vision benefits
- Mom & Baby Beginnings program (see reverse)
- 24/7 nurse advice and behavioral health crisis phone lines
- Weight loss support with 12-week voucher for virtual Weight Watchers program
- TrueCare MyLife - your member account for personalized health on-the-go
- Free smartphone including unlimited talk, text and 25 GB of data
- Up to \$100 for programs like Boys & Girls Club® and YMCA®
- Monthly over-the-counter medicine allowance
- Care Management program helps you manage your health needs
- **AND MORE**

\* Some extra benefits may be based on eligibility or have limits. May not be available in all parts of Mississippi.

Learn more at **MSTrueCare.com** or call **1-833-230-2050 (TDD/TTY: 711)**.

Take an active role to better your health! Complete healthy activities that earn you rewards. Use your rewards to shop for anything from **groceries and clothing to diapers and personal care products**.

## How to Use your TrueCare Rewards:

### TrueCare MyKids

*For newborns and kids through age 17*

- 1 Sign up.**  
Make sure each child is signed up.
- 2 Complete healthy activities.**  
Earn MyHealth Rewards by completing these activities:  
\$30 - \$50/yr – EPSDT/Well child visits, based on age  
\$10 - routine dental exam 2x/yr, 3-17 years of age  
\$25 - Flu vaccine 1x/yr  
\$50 - Postpartum visit
- 3 Redeem your rewards.**  
Use your rewards card at Dollar General®, Kroger®, Walmart® and more!

### MyHealth Rewards

*For adults 18 and older*

- 1 Log in.**  
Earn, track and view your rewards balance in MyHealth through TrueCare MyLife.
- 2 Complete healthy activities.**
- 3 Redeem your rewards.**  
Get gift cards to your favorite stores like Old Navy®, TJ Maxx®, Walmart® and more!



## Mom & Baby Beginnings

Our Mom & Baby Beginnings program gives mothers and their infants up to 15 months with extra support and benefits. Our care managers can connect you to get help for your baby. You can also get:

- Rewards for postpartum and well-baby visits
- Free car seat after 3 prenatal visits
- Additional home health visits to cover slow-healing wounds, home visits for newborns and c-sections when medically necessary
- Free programs to quit smoking
- Post-discharge meals for high-risk pregnancies
- Extra dental cleaning and scaling

## Questions?

Visit [MSTrueCare.com](https://MSTrueCare.com) or call 1-833-230-2050 (TDD/TTY: 711).