



## Prior Authorization Criteria

L-glutamine powder for solution (Endari®) PA CRITERIA:

### **FDA approved indication:**

Endari (L-glutamine powder for solution) is indicated to reduce the acute complications of sickle cell disease in adult and pediatric patients 5 years of age and older.

### **Initial Authorization: 12 months**

Prior authorization requests for Endari may be approved if the following criteria are met:

Yes  No Patient is within the age range as recommended by the FDA label;  
**AND**

Yes  No Is prescribed by or in consultation with a hematologist physician who specializes in treatment of Sickle Cell Disease;

**AND**

Both of the following

Yes  No Diagnosis of Sickle Cell Disease; **AND**

Yes  No Used to prevent the acute complications of sickle cell disease

**AND**

One of the following:

Yes  No Hydroxyurea is otherwise contraindicated or not tolerated\*

**OR**

Yes  No *Endari is being prescribed with concurrent hydroxyurea therapy due to lack of effectiveness as demonstrated by a suboptimal response after receiving maximum tolerated dose of hydroxyurea and documented compliance (as reflected in paid pharmacy claims) over the past 6 months;*

**AND**

Yes  No Patient has had 2 or more painful sickle cell crises within the past 12 months.

### **Reauthorization: 12 months**

Yes  No Currently receiving Endari and hydroxyurea concomitantly unless documented contraindication/intolerance; **AND**

Yes  No Patient is responding positively to therapy; **AND**

Yes  No If request is for a dose increase, the new dose does not exceed 30 grams per day based on weight.

**Dosing:** Recommended dose is 5 to 15 grams orally twice daily based on body weight.

**Product Availability:** Carton of 60 packets (5gm/packet)