State of Mississippi

Medicaid Reform Demonstration Project

Medicaid Workforce Training Initiative

1115 Waiver Demonstration Application

October 17, 2017
# Table of Contents

Introduction ...................................................................................................................................................... 2
Section I – Program Description ...................................................................................................................... 4
Section II – Demonstration Eligibility ............................................................................................................. 8
Section III – Demonstration Benefits and Cost Sharing Requirements ................................................................. 9
Section IV – Delivery System and Payment Rates for Services ................................................................................. 9
Section V – Implementation of Demonstration ..................................................................................................... 9
Section VI – Demonstration Financing and Budget Neutrality ............................................................................ 10
Section VII – List of Proposed Waivers and Expenditure Authorities ................................................................. 10
Section VII – List of Proposed Waivers and Expenditure Authorities ................................................................. 11
Section IX – Demonstration Administration ...................................................................................................... 12
Introduction

The Mississippi Division of Medicaid (DOM) is the single state agency responsible for administering the Medicaid program. DOM currently covers almost 755,000 Mississippians – approximately 25% of the state’s population. Medicaid was established over 50 years ago to provide healthcare to a vulnerable population who did not have access to healthcare. The program was originally established to provide benefits to individuals who were blind, elderly (65 years of age and older), and disabled. The program also provided medical benefits to low-income children deprived of parental support and their caretaker relatives. Through the years, the Medicaid program has been expanded to include additional populations:

- 1986 – Pregnant women and infants (under age 1) at or below 100% of FPL was established as a state plan option under Medicaid;
- 1989 – Pregnant women and children under age 6 and at 133% of FPL federally mandated under Medicaid;
- 1997 – Balanced Budget Act of 1997 created the State Children’s Health Insurance Program (SCHIP) and states were given the option to expand their Medicaid program, create a separate program for children who met SCHIP criteria, or a combination of both;
- 2014 – the Affordable Care Act (ACA) provided states with the option to expand Medicaid to all non-Medicare individuals under age 65 with incomes at or below 138% of the FPL.

While the State of Mississippi did not expand our Medicaid program to certain adults with incomes below 138% of the FPL, we continue to see an increase in expenditures. DOM believes that the Medicaid program serves as a safety net for the state’s most vulnerable population and, therefore, continually seeks to improve our Medicaid program while maintaining access to affordable, quality health care coverage for our residents.

With each passing year, DOM finds it more difficult to provide the array of services necessary for the population we are charged to serve. We are continually tasked with finding new and innovative ways to continue to serve a large population with few resources at our disposal. We continue to examine areas for costs savings and implement those we believe will assist us in continuing to provide services to our population without reducing benefits or limiting enrollment. For example, DOM moved to a managed care delivery model in 2011 in an effort to improve health outcomes and control costs. We continue to explore cost savings options to serve a vulnerable population, and believe increasing our member engagement activities by connecting individuals with various organizations within the community will provide additional resources to members designed to assist them with various aspects of their life. For example, working with organizations devoted to workforce training opportunities will allow DOM to assist members achieve employment security.

Currently, both the Temporary Assistance for Needy Families (TANF) and the Supplemental Nutrition Assistance Program (SNAP) contain certain work requirements for individuals participating in those programs. DOM believes we can leverage those resources to develop a process to provide a level of health security to Medicaid members while they gain the tools necessary for them to become independent of Medicaid. We believe extending Medicaid eligibility to individuals who are in the process of transitioning out of the program is critical to ensuring their long-term success. Providing up to an additional 12 months of eligibility for
individuals enrolled in the Transitional Medical Assistance (TMA) program will provide additional time and a level of health security during the transition from Medicaid.

DOM understands the importance of connecting individuals with the appropriate tools necessary for long-term success. Therefore, DOM is seeking this opportunity to strengthen our Medicaid program by establishing policies that will increase participants’ ability to obtain and maintain employment and employer-sponsored health care, slow down the rising costs of health care spending, and familiarize individuals with private health insurance practices, particularly for those with fluctuating incomes. We believe the initiatives outlined in this application will assist us in ensuring the viability of the Medicaid program for future generations. To help us achieve our goal, we will partner with agencies such as the Department of Human Services (DHS) and the Office of Employment Security (OES) to identify candidates that meet requirements to participate in workforce training activities.

DOM is seeking this waiver to assist individuals with building a foundation for success – both in their personal life and their health. Our goal is to begin building a future of healthy citizens in the state of Mississippi. We look forward to working with CMS as we move towards approval of this waiver application and the creation of a sustainable Medicaid program for current and future participants.
Program Description

Under this 1115 Waiver Application, Mississippi is proposing to:

a. Amend the Medicaid program by extending the eligibility period for low-income parents and caretaker relatives receiving Transitional Medical Assistance (TMA) from 12 to 24 months.

b. Identify individuals eligible for workforce training opportunities and assist them with accessing workforce training.

c. Garner enhanced federal matching funds to assist with workforce training programs for individuals covered under this waiver.

DOM believes that extending the period of eligibility for TMA participants will provide them with increased health security as they transition from Medicaid to other forms of healthcare. The increased time will also allow for more in-depth workforce training activities to assure long-term success. While DOM is requesting an additional 12 months of eligibility for these individuals, we believe that some may transition off Medicaid in less time. However, we want to ensure appropriate lengths of eligibility are in place to tailor workforce training activities to individual needs.

In addition to extending the length of eligibility for TMA participants, DOM is seeking to implement workforce training activities for non-disabled adults currently covered under traditional Medicaid, including low-income parents and caretakers eligible under Section 1931 and individuals eligible for transitional medical assistance. Mississippi Medicaid workforce training or work activities will not be applicable to the following: Native Americans, pregnant women, children under the age of 19, disabled individuals, individuals enrolled in 1915(c) waivers, individuals over 65 years of age, or individuals residing in an institution.

Individuals can fulfill the workforce training requirement in a variety of ways. The following list contains acceptable activities and may be amended as necessary depending on individual needs:

- Working in paid employment at least 20 hours per week;
- Self-employment for at least 20 hours per week;
- Participation with the Office of Employment Security;
- Volunteering with approved agencies;
- Participation in an alcohol or other drug abuse (AODA) treatment program; and
- Compliance with SNAP and TANF work requirements.

DOM understand there are circumstances that limit or prevent a member from being able to work or receive employment training; therefore, a member will be exempt from the such training and work activities if any one of the following conditions is met:

- The member is diagnosed with a mental illness.
- The member receives Social Security Disability Insurance (SSDI).
- The member is a primary caregiver for a person who cannot care for himself or herself.
- The member is physically or mentally unable to work.
- The member is receiving or has applied for unemployment insurance.
• The member is taking part in an alcohol or other drug abuse (AODA) treatment program.
• The member is enrolled in an institution of higher learning at least half-time.
• The member is a high school student age 19 or older, attending high school at least half-time.

Eligible individuals will be assessed at the point of application or reassessment to determine if they meet requirements to participate in workforce training activities and will be notified by mail of all applicable requirements at the time of approval of benefits. DOM will enter into a data sharing agreement with the Office of Employment Security to identify and track those individuals who comply with the workforce training activities. DOM will also monitor claim activity to identify individuals who are eligible for workforce training activities and who are participating in AODA treatment programs so they continue to be exempt from workforce training activities.

Participants who fail to comply with the workforce training requirements will lose eligibility on the first day of the month following the report or identification of non-compliance. Individuals whose eligibility is terminated due to non-compliance with workforce training opportunities will be reinstated upon future compliance. Individuals who fail to comply within 6 months of termination will be required to submit a new application for benefits. Individuals who fail to comply within 6 months or less of their reassessment date will also be required to submit a new application.

DOM is not alone in our desire to assist Mississippians with obtaining workforce training to assist them in obtaining the skills they need to become independent. During this demonstration waiver, we will partner with agencies such as the Department of Human Services (DHS) and the Office of Employment Security (OES) to assist with identifying and providing necessary workforce skills training to qualified Medicaid members. All agencies will work towards the common goal of assisting Medicaid members in gaining the necessary tools they need to become dependent of Medicaid and transition to other healthcare insurance programs.

DOM will work with these agencies to make sure that all individuals receive necessary assessments and are provided with opportunities to participate in workforce training or work activities that meet the criteria outlined in this waiver application. In the event an individual chooses not to participate in one of the approved activities and is not in an exempted group, Medicaid eligibility will be terminated.

Increasing the TMA eligibility period and implementing workforce training activities requires increased administrative functions and responsibilities for DOM. However, we believe it will further the objectives of the Medicaid program by providing individuals with increased time, health security, and resources to transition from Medicaid to private healthcare. DOM believes these actions are critical first steps in creating a sustainable program for current and future participants. Therefore, DOM is also seeking to garner enhanced federal funding designed to assist with workforce training activities.

A study in the Journal of Health and Social Policy suggests that policies designed to increase the economic self-sufficiency of low-income families, such as employment programs, focus on workforces, and the use of work incentives offer promise for improving health. 1 DOM believes that

---

1 http://dx.doi.org/10.1300/J045v21n01_04
partnering with agencies that specialize in workforce training activities will enable us to better serve our Medicaid members who are eligible, willing, and able to find employment. DOM believes the increased length of eligibility is critical to assisting individuals participating in the program to achieving a successful completion and becoming independent of Medicaid. And, eventually move Mississippi’s health status a little higher on the health ranking scale.

According to America’s Health Rankings, Mississippi has consistently been at the bottom of the healthcare rankings, as depicted in the following scale. Medicaid is the state’s largest payer of healthcare services in the state, as such, DOM believes improving the health of the Medicaid population is the first step to improving the overall health status of our state. We believe extended eligibility combined with workforce training assistance activities will provide a basis for future improvements to our healthcare delivery system. The process of assisting individuals move from the Medicaid program to other forms of health insurance via workforce training activities will lead to a deeper understanding of barriers that are preventing us from moving higher on the health ranking scale.
The following table further demonstrates Mississippi’s low health ranking status in several common health factors as well as our overall ranking:

<table>
<thead>
<tr>
<th>State</th>
<th>Cancer Deaths</th>
<th>Diabetes Deaths</th>
<th>Drug Deaths</th>
<th>Heart Disease</th>
<th>High Cholesterol</th>
<th>Obesity</th>
<th>Overall</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alabama</td>
<td>43</td>
<td>48</td>
<td>18</td>
<td>44</td>
<td>50</td>
<td>47</td>
<td>47</td>
</tr>
<tr>
<td>Arkansas</td>
<td>46</td>
<td>44</td>
<td>14</td>
<td>48</td>
<td>49</td>
<td>45</td>
<td>48</td>
</tr>
<tr>
<td>Louisiana</td>
<td>47</td>
<td>45</td>
<td>30</td>
<td>46</td>
<td>46</td>
<td>50</td>
<td>49</td>
</tr>
<tr>
<td>Mississippi</td>
<td>49</td>
<td>50</td>
<td>8</td>
<td>41</td>
<td>41</td>
<td>47</td>
<td>50</td>
</tr>
<tr>
<td>Tennessee</td>
<td>45</td>
<td>45</td>
<td>40</td>
<td>41</td>
<td>47</td>
<td>42</td>
<td>44</td>
</tr>
</tbody>
</table>

Approximately twenty-five percent of Mississippi’s population is enrolled in Medicaid and we believe our proposal to extend Medicaid eligibility, along with providing workforce training opportunities to those that qualify, will enable us to reduce the number of individuals who churn in and out of Medicaid on a routine basis. We believe that increased health security while participating in employment training programs will not only assist in promoting long-term success for the individuals, but also their relatives for whom they are caretakers. DOM is seeking this waiver to assist individuals with building a foundation for success – both in their personal life and their health. Our goal is to begin building a future of healthy Mississippians by providing those we are charged to serve with the necessary tools to improve certain areas of their lives that have a direct impact on their health status.

During the approval period, DOM will test the following hypotheses:

- Increasing Medicaid eligibility for certain TMA beneficiaries will result in a decrease of individuals returning to Medicaid under a different category.
- Providing workforce training opportunities will result in transitions to other health insurance.
- Providing workforce training opportunities will result in an increase in the number of individuals entering the workforce.

A detailed evaluation design will be developed for review and approval by CMS. The evaluator will use relevant data from the DOM program and its managed care organizations as well as information from other pertinent organizations such as the Department of Employment Security and the Mississippi Insurance Department. Data elements may include eligibility, enrollment, claims, payment, encounter/utilization, chart reviews, and other administrative data. The evaluator may also conduct surveys and focus groups of beneficiaries and providers and other original data collection, as appropriate. Both interim and final evaluations will be conducted to help inform the state, CMS, stakeholders, and the public about the performance of the demonstration. All evaluation reports will be made public and posted on the DOM website.
The Demonstration will operate statewide.

DOM is requesting a five-year waiver approval period for this Demonstration.

The Demonstration will not affect or modify other components of the State’s current Medicaid and CHIP programs outside of eligibility.

**Demonstration Eligibility**

Current data elements indicate approximately 56,467 individuals could be eligible for workforce training activities. However, since certain data elements that would exempt an individual from participation in workforce training are not captured in our data. The following information obtained post eligibility will reduce the number of individuals who will participate in workforce training activities:

- The member is diagnosed with a mental illness.
- The member is physically or mentally unable to work.
- The member is enrolled in an institution of higher learning at least half-time.
- The member is a high school student age 19 or older, attending high school at least half-time.
- The member is currently participating in workforce training through the Department of Human Services.

The following table includes information regarding the population that DOM will include in this Demonstration Waiver:

<table>
<thead>
<tr>
<th>Eligibility Group Name</th>
<th>Social Security Act and CFR Citations</th>
<th>Income Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mandatory State Plan Groups</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low Income Families</td>
<td>1931</td>
<td>Under 100% of FPL</td>
</tr>
<tr>
<td>Parents/Caretaker Relatives</td>
<td>42 CFR 435.110</td>
<td></td>
</tr>
<tr>
<td>Transitional Medical Assistance</td>
<td>408(a)(11)(A)</td>
<td>Under 100% of FPL</td>
</tr>
<tr>
<td></td>
<td>42 CFR 435.112</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1931(c)(2)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1925</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1902(a)(52)</td>
<td></td>
</tr>
</tbody>
</table>
Demonstration Benefits and Cost Sharing Requirements

The benefits provided under the demonstration will not differ from those provided under the Medicaid State Plan.

Cost sharing requirements under the Demonstration will not differ from those provided under the Medicaid State Plan.

Delivery System and Payment Rates for Services

The delivery system used to provide benefits to the Demonstration participants will not differ from the Medicaid State Plan.

No deviation will be made for services furnished through fee-for-service. Likewise, no deviations will be made for Managed Care capitation rates and contracting requirements.

No quality-based supplemental payments are being made to any providers or class of providers under this demonstration.

Implementation of Demonstration

Mississippi plans to implement any approved provisions at least one year after CMS approval. This time period allows sufficient time to communicate with participants the changes in the program and for the state to prepare and implement operational and administrative changes. Immediately after CMS approval, DOM will work on a communication and an implementation plan that clearly lays out the timing, content, and methodology in which individuals will be notified of program changes. Internally, employees will be educated and systems updated to ensure a smooth transition to the new waiver amendments.

As part of our implementation, DOM will partner with the Mississippi Department of Human Services (MDHS). To assist Mississippi families in obtaining self-sufficiency, the MDHS has implemented a multigenerational approach referred to as Generation Plus (Gen+). The Gen+ approach seeks to provide the basic needs of the family and provide skills that will enable the family to become self-sufficient and ensure future well-being. The model is based on a unique assessment of individuals seeking SNAP/TANF benefits designed to indicate the need for additional services and supports specifically designed to increase employability and improve child development. Based on the DHS assessment individuals are referred to WIOA, other DHS services, DOM services, and the broad array of community based services provided by Families First for Mississippi (FFFM) across the state. We believe this partnership will not only assist those Medicaid individuals who participate in work requirements with employment opportunities, but will also identify and provide other needed services designed to help them achieve independence.
Demonstration Financing and Budget Neutrality

The Budget Neutrality Demonstration for this 1115 Waiver Application is included as Appendix A.

List of Proposed Waivers and Expenditure Authorities

Title XIX Waiver Requests

1. Eligibility  Section 1902(a)(10)(A)

To the extent necessary, to enable DOM to make compliance with the workforce training a condition of eligibility for the population identified in Section II of this application.

2. Transitional Medical Assistance Expansion  Section 1925

To the extent necessary, to extend TMA eligibility to 24 months.

Expenditure Authorities

1. Costs Not Otherwise Matchable

DOM requests that expenditures related to costs associated with employment training as a covered benefit for the demonstration population be regarded as expenditures under the State’s Medicaid Title XIX State Plan and receive an enhanced match rate equal to 90%.
Public Notice

Space reserved for Public Notice Summary
**Demonstration Administration**

Mississippi’s point of contact for this demonstration waiver amendment is as follows:

Name and Title: Margaret Wilson  
Telephone Number: (601) 359-5248  
Email Address: Margaret.wilson@medicaid.ms.gov
APPENDIX A – Budget Neutrality Demonstration
### Overall Demonstration Chart

#### Without Waiver Total Cost Demonstration

<table>
<thead>
<tr>
<th></th>
<th>DY 1</th>
<th>DY 2</th>
<th>DY 3</th>
<th>DY 4</th>
<th>DY 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enrollment (in Member Months)</td>
<td>735,793</td>
<td>662,246</td>
<td>596,050</td>
<td>536,471</td>
<td>482,847</td>
</tr>
<tr>
<td>PMPM</td>
<td>$596.06</td>
<td>$705.10</td>
<td>$834.09</td>
<td>$986.67</td>
<td>$1,167.17</td>
</tr>
<tr>
<td>Expenditures</td>
<td>$438,577,273.67</td>
<td>$466,949,803.25</td>
<td>$497,157,814.25</td>
<td>$529,320,047.99</td>
<td>$563,562,927.46</td>
</tr>
</tbody>
</table>

#### With Waiver Total Cost Demonstration

<table>
<thead>
<tr>
<th></th>
<th>DY 1</th>
<th>DY 2</th>
<th>DY 3</th>
<th>DY 4</th>
<th>DY 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enrollment Increase (Decrease)</td>
<td>(58,181)</td>
<td>(52,503)</td>
<td>(47,356)</td>
<td>(42,696)</td>
<td>(38,482)</td>
</tr>
<tr>
<td>Enrollment (in Member Months)</td>
<td>677,612</td>
<td>609,743</td>
<td>548,694</td>
<td>493,776</td>
<td>444,366</td>
</tr>
<tr>
<td>PMPM Increase (Decrease)</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
<tr>
<td>PMPM</td>
<td>$596.06</td>
<td>$705.10</td>
<td>$834.09</td>
<td>$986.67</td>
<td>$1,167.17</td>
</tr>
<tr>
<td>WW Population Change Multiplied by WOW PMPM Cost (Savings)</td>
<td>($34,679,565.41)</td>
<td>($37,019,965.44)</td>
<td>($39,498,687.25)</td>
<td>($42,126,445.78)</td>
<td>($44,914,410.59)</td>
</tr>
<tr>
<td>New PMPM Multiplied by Waiver Population Cost (Savings)</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
<tr>
<td>Waiver Cost (Savings)</td>
<td>($34,679,565.41)</td>
<td>($37,019,965.44)</td>
<td>($39,498,687.25)</td>
<td>($42,126,445.78)</td>
<td>($44,914,410.59)</td>
</tr>
<tr>
<td>Total Waiver Expenditures</td>
<td>$403,897,708.26</td>
<td>$429,929,837.81</td>
<td>$457,659,126.99</td>
<td>$487,193,602.22</td>
<td>$518,648,516.87</td>
</tr>
</tbody>
</table>

### With Waiver Enrollment (in Member Months) and PMPM

#### Enrollment (in Member Months) Change Summary Chart

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2020</th>
<th>2021</th>
<th>2022</th>
<th>2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employment Training Introduction Increase (Decrease)</td>
<td>(58,995)</td>
<td>(53,098)</td>
<td>(47,791)</td>
<td>(43,014)</td>
<td>(38,714)</td>
</tr>
<tr>
<td>TMA 24 Month Time Limit Increase (Decrease)</td>
<td>814</td>
<td>95</td>
<td>435</td>
<td>318</td>
<td>233</td>
</tr>
<tr>
<td>Total Increase (Decrease)</td>
<td>(58,181)</td>
<td>(52,503)</td>
<td>(47,356)</td>
<td>(42,696)</td>
<td>(38,482)</td>
</tr>
<tr>
<td>Cost (Savings) of Employment Training on Enrollment</td>
<td>($34,679,565.41)</td>
<td>($37,019,965.44)</td>
<td>($39,498,687.25)</td>
<td>($42,126,445.78)</td>
<td>($44,914,410.59)</td>
</tr>
<tr>
<td>Cost (Savings) of TMA Time Limit Increase on Enrollment</td>
<td>$485,209.53</td>
<td>$419,696.22</td>
<td>$363,028.57</td>
<td>$314,012.22</td>
<td>$271,614.08</td>
</tr>
<tr>
<td>Total Cost (Savings) of Enrollment Adjustment</td>
<td>($34,194,355.89)</td>
<td>($36,600,269.22)</td>
<td>($39,135,658.68)</td>
<td>($41,812,433.56)</td>
<td>($44,642,796.51)</td>
</tr>
</tbody>
</table>