

State of Mississippi

**DEFINITION OF SPECIALIZED SERVICES**

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Specialized services for mental illness are the services which, combined with services provided by the nursing facility (NF), result in the continuous and aggressive implementation of an individualized plan of care that is developed and supervised by an interdisciplinary team, which includes a physician, qualified mental health professionals and, as appropriate, other professionals. The plan of care prescribes specific therapies and activities for the treatment of persons experiencing an acute episode of serious mental illness, which necessitates supervision by trained mental health personnel; and is directed toward diagnosing and reducing the resident's behavioral symptoms that necessitated institutionalization, improving his or her level of independent functioning level that permits reduction in the intensity of mental health services to below the level of specialized services at the earliest possible time. These services are defined as medication monitoring by a psychiatrist, life-threatening crisis intervention, intensive individual, family or group psychotherapy, and intensive psychosocial rehabilitation skills.

Specialized serves for intellectual and developmental disabilities are the services which, combined with services provided by the NF or other service providers, result in treatment which meets the requirements of 42 C.F.R. § 483.440(a)(1).