Medical Care Advisory Committee (MCAC)

October 21, 2022 · 1:00 PM Woolfolk Building – Conference Room 145 501 North West Street, Jackson, MS 39201

I. Call to Order

• Dr. David Reeves called the meeting to order.

II. Roll Call

- Dr. David Reeves called roll and confirmed a quorum was present.
- Voting members in attendance: Dr. David Reeves (Long Beach), Dr. James Rish (attending virtually) (Tupelo), Mr. Benny Hubbard (Magee),), Dr. Charles O'Mara (Ridgeland), Ms. Phaedre Cole (Greenwood), (Tupelo), Dr. Billy Long (Madison), Dr. Daniel Edney (attending virtual) (Jackson), Mr. Lee Bond (Ocean Springs), Dr. Jasmin Chapman, DDS (attending virtually) (Terry), Mr. Kent Nicaud (Pass Christian)
- Voting members not in attendance: Dr. Justin Brewer,
- Legislators in Attendance: none.

III. Approval of meeting minutes from April 8, 2022

• Motion: Mr. Hubbard

Second: Dr. Long

Meeting minutes were approved unanimously

IV. Old Business:

- Tobacco Cessation
 - O Subcommittee Update Mr. Bond offered an update along with recommendations from the subcommittee. He explained that the subcommittee held a meeting and from that meeting some of the biggest takeaways were the possible opportunity through a tobacco or cigarette tax increase along with smoke free ordinances and hard-hitting marketing campaigns as methods to support and impact smoking cessation statewide. He offered that the most impactful thing the MCAC could do would be to offer general endorsement of current cessation efforts including the Mississippi Tobacco Roundtable. Dr. O'Mara shared his thoughts on how important this issue is and that most everyone has been affected in some negative way. He stated it was the responsibility of this group to give this issue careful thought and bring forth recommendations that are feasible and affective. Mr. Bond asked Dr. Reeves as Chairman to take these recommendations under advisement.

(see handouts)

- Lung Cancer Screening As a follow up, Wil Ervin explained the CPT code for Low Dose CT scan is currently open and covered with Prior Authorization.
- Managed Care Cessation Initiatives and Coverage Dr. Thomas Joiner with Molina presented information specific to Molina's smoking cessation program (see Molina's handout). Dr. Jeremy Irwin with Magnolia explained and reviewed Magnolia's smoking cessation initiatives and

Medical Care Advisory Committee

October 21, 2022

programs, with one program being specifically for pregnant women. He explained their programs include case management, counseling, and medications. Heather Odom, pharmacy director with UnitedHealthcare presented and discussed UnitedHealthcare's cessation programs that also include cessation counseling and prescription medications. (see UnitedHealthcare's handout)

V. New Business:

- Managed Care Report on Quality Measures- Dr. Joiner with Molina presented (see Molina's handout) on specific quality measures, outcomes and ongoing initiatives to address the Asthma Medication Ratio (AMR), Statin Therapy for Patients with Diabetes (SPD), and Comprehensive Diabetes Care (CDC) – HbA1c Control. Dr. Jeremy Erwin with Magnolia offered quality measure outcomes and updates specific to the AMR quality measure and explained that in 2015, this measure was about 50% but has now increased to approximately 73% and that Magnolia has annually met their goal since 2017. He explained that Statin Adherence (SPD) was improving but not where they want to be so Magnolia plans to continue to put more focus on that quality measure. He stated they are currently about 51-54% which is not where they need to be but is an improvement from 2017 when they were at 33-39%. For the diabetic control measure CDC, Dr. Erwin explained they were making great progress on this prior to Covid. Pre-Covid they had a three-year trend of improving rates (HbA1c of less than 8) and were up to 45%. Currently they are trending back up with a rate of approximately 40% for 2021. Cara Robertson and Heather Odom with United Healthcare presented and gave updates on their quality measures and shared outcomes and ongoing initiatives. (see UnitedHealthcare's handout)
 - Dr. Long asked how the data is collected for these measures. Dr. Joiner explained that information comes from claims data. Dr. Erwin offered information specific to the methodology of the reported data including that it must be statistically valid sampling with chart reviews used to validate the data. He also shared that the data is dependent on how the provider codes the information on claims as well.
 - Dr. Reeves thanked the Plans for their reports along with their ongoing efforts. He also discussed the possible opportunity of education programs for patients and parents to include not only medical care providers but the MCOs as well to increase efforts to positively impact these quality metrics and patient outcomes.
- Institutions for Mental Disease (IMD) Discussion Wil Ervin offered a follow up from the previous MCAC meeting related to the IMD exclusion. He explained that in 2016, CMS released a final rule allowing Medicaid agencies to place in their Managed Care contracts "in lieu of services" where IMD services could be allowed and covered up to 15 days for individuals between the ages of 21 and 64. In 2019, the Mississippi Legislature passed a law authorizing the Division to cover IMD in accordance with the federal rules either through a State Plan Amendment, waiver or through the Managed Care contracts. In 2020, Medicaid amended the MCO contracts to include IMD services up to 15 days for individuals between the ages of 21-64. Dr. Joiner and Dr. Erwin confirmed the IMD service is covered for up to 15 days for Substance Abuse

Disorders (SUD) for both Molina and UnitedHealthcare. Dr. Edney shared that he has spoken with other Medicaid leaders in other states, most recently West Virginia and they are covering IMD through the waiver process. He explained that when a person goes through detox treatment alone without other evidenced based treatment, they may relapse and will then require expensive detox again and again. He opined that with the amount of money we are putting into detox, we could be giving very effective long-term treatments as well. He stated there were 788 unintentional overdoses in Mississippi the last 12 months (reported in October) and those numbers were going up. He offered that, in his opinion, we are already spending the money but not spending it in the right direction. He said we need help to get the rate of unintentional overdoses under control. He said he believes we should be using Medicaid resources for care of patients that Medicaid covers.

Dr. Reeves and Dr. Edney discussed the treatment regimens including extending the 15 days and outpatient care. Dr. Edney suggested a follow up meeting with Department of Mental Health (DMH).

Dr. Reeves asked Wil about the opportunity to extend coverage. Wil suggested a continued conversation with DMH, Medicaid and Dr. Edney as to possible avenues and opportunities.

- Certified Community Behavioral Health Centers (CCBHC)- Ms. Phaedre Cole shared an update on the CCBHC initiative and how those grants will be awarded along with expected timelines and requirements. She also shared that Department of Mental Health along with the Division of Medicaid are working together in supporting the CCBHC model and grants.
- The Mississippi Chapter of the American Academy of Pediatrics (MSAAP)
 Presentation on Postpartum Coverage- Dr. Anita Henderson, Pediatrician and
 President of the Mississippi Chapter of the American Academy of Pediatricians
 presented to the Committee on the need for extending postpartum care. (see handout).
 Dr. Henderson's presentation was followed by Dr. Mobolaji Famuyide, Neonatologist
 and Professor and Chief of Newborn Medicine at UMMC. (see handout) After the
 presentations concluded, Committee members thanked both presenters and discussed
 current prenatal care and coverage, including the ongoing coverage due to the
 pandemic and opportunity to extend current coverage of postpartum care to 12 months.
 After much discission the Committee voted unanimously to make a recommendation
 to the Legislature through a letter written by the Committee to support extending
 postpartum coverage.
- Motion to Recommend Extending Postpartum Coverage to 12 months: Dr. O'Mara
- Second: Benny Hubbard
- Motion was approved unanimously

VI. <u>Next Meeting</u> – The next meeting is planned for Friday, February 24, 2023 at 1:00pm.

VII. Adjournment

Motion to adjourn- Dr. Long Second- Benny Hubbard Motion to adjourn was approved unanimously